



THE MESSENGER

The weekly review of the Parish of

St Michael and All Angels

Watford

TRINITY 5

Sea Sunday

12 July 2009

A warm welcome to our services today.

At the 9.30 am Eucharist, Rev David Tuck celebrates and preaches and Vicki Wardman leads the intercessions. A crèche is available. Sunday School is in Littlebury Hall.

Hymns: 409, 536, 609 and 437 (t362)

Setting: Rawsthorne

Tea and coffee will be served in church after the 9.30 service. This is followed by the 11.15 Service of Thanksgiving and Praise – please stay on.

This is followed at about 12.30 pm by the annual church barbecue – see Notices.

The monthly service at River Court is at 3.00 pm.

There is Evening Prayer in the Lady Chapel at 6.30 pm.

For your prayers this week:

The Church: Kenneth Stevenson, Bishop of Portsmouth.

On this Sea Sunday, we pray for the work of the Mission to Seafarers.

Deanery of St Albans – Rural Dean: David Ridgeway, Lay Chairman: Simon Sarmiento.

The World: Peace in all troubled places especially in Iran, Afghanistan and China.

Those working overseas for aid agencies.

Y Care International and the YMCA.

The Community and Parish: West Herts Crematorium and its staff as they hold the Annual Memorial Service today.

Our local schools as the term comes to an end – for rest for teachers.

The Ill and the Housebound: Especially Ray Angles, Ellen Benoy, Gunter Bouché, Christopher Browne, Mel Browne, Marjorie Carlisle, Peter Coley, Bill Craddock-Jones, Marion Craddock-Jones, Jean Crouch, June Dickinson, Kate Dickinson, Jocelyn Harewood, Gladys Holloway, Jenny Houghton, Lionel Jones, Mary Kearns, Kate Kirwan, Loretta Lynch, Maggie Maguire, Stella Meager, Dorcas Ochola, Gaynor Osbourne, Myrtle Powell, Bryony Purse, Ann Reed, Brian Rees, Elaine Robinson, Maureen Swann, June Tatnall, Anne Wightman and Eric Wightman.

The Departed:

Collect

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified:

hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING 2 Samuel 6.1–5, 12b–19

A reading from the second book of Samuel.

- ¹ David again gathered all the chosen men of Israel, thirty thousand.
- ² David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the LORD of hosts who is enthroned on the cherubim.
- ³ They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark.
- ⁴ David and all the house of Israel were dancing before the LORD with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.
- ¹² So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing;
- ¹³ and when those who bore the ark of the LORD had gone six paces, he sacrificed an ox and a fatling.
- ¹⁴ David danced before the LORD with all his might; David was girded with a linen ephod.
- ¹⁵ So David and all the house of Israel brought up the ark of the LORD with shouting, and with the sound of the trumpet.
- ¹⁶ As the ark of the LORD came into the city of David. Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the LORD; and she despised him in her heart.
- ¹⁷ They brought in the ark of the LORD, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the LORD.
- ¹⁸ When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the LORD of hosts,
- ¹⁹ and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

SECOND READING Ephesians 1.3–14

A reading from the letter of Paul to the Ephesians.

- ³ Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,
- ⁴ just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love.

5 He destined us for adoption as his children through Jesus Christ, according to the good
6 pleasure of his will,
7 to the praise of his glorious grace that he freely bestowed on us in the Beloved.
8 In him we have redemption through his blood, the forgiveness of our trespasses, according
9 to the riches of his grace
10 that he lavished on us. With all wisdom and insight
11 he has made known to us the mystery of his will, according to his good pleasure that he set
12 forth in Christ,
13 as a plan for the fullness of time, to gather up all things in Christ, things in heaven and things
14 on earth.
15 In Christ we have also obtained an inheritance, having been destined according to the
16 purpose of him who accomplishes all things according to his counsel and will,
17 so that we, who were the first to set our hope on Christ, might live for the praise of his
18 glory.
19 In him you also, when you had heard the word of truth, the gospel of your salvation, and had
20 believed in him, were marked with the seal of the promised Holy Spirit;
21 this is the pledge of our inheritance towards redemption as God's own people, to the praise
22 of his glory.

GOSPEL Mark 6.14–29

Hear the gospel of our Lord Jesus Christ according to Mark.

14 King Herod heard of the healings and other miracles, for Jesus' name had become known.
Some were saying, 'John the baptizer has been raised from the dead; and for this reason
these powers are at work in him.'
15 But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.'
16 But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'
17 For Herod himself had sent men who arrested John, bound him, and put him in prison on
account of Herodias, his brother Philip's wife, because Herod had married her.
18 For John had been telling Herod, 'It is not lawful for you to have your brother's wife.'
19 And Herodias had a grudge against him, and wanted to kill him. But she could not,
20 for Herod feared John, knowing that he was a righteous and holy man, and he protected him.
When he heard him, he was greatly perplexed; and yet he liked to listen to him.
21 But an opportunity came when Herod on his birthday gave a banquet for his courtiers and
officers and for the leaders of Galilee.
22 When his daughter Herodias came in and danced, she pleased Herod and his guests; and the
king said to the girl, 'Ask me for whatever you wish, and I will give it.'
23 And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my
kingdom.'
24 She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John
the Baptist.'
25 Immediately she rushed back to the king and requested, 'I want you to give me at once the
head of John the Baptizer on a platter.'
26 The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not
want to refuse her.
27 Immediately the king sent a soldier of the guard with orders to bring John's head. He went
and beheaded him in the prison,
28 brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother.
29 When his disciples heard about it, they came and took his body, and laid it in a tomb.

THIS WEEK

Mon	13	July	Toddlers' Group	10.00 – 11.30am
Wed	15	July	Coffee in Church	10.30am-12 noon
			Estates Committee	8.00pm
Thur	16	July	Holy Communion (Order One in Traditional Language)	10.00am
			(Mothers' Union corporate, followed by coffee and meeting)	
			Kids' Club	3.30-5.00pm
			Choir Practice	7.00-8.30pm
Fri	17	July	Publicity Committee (in church)	9.30am
Sun	19	July	<u>TRINITY 6</u>	
			Holy Communion (Order One in Traditional Language)	8.00am
			SUNG EUCHARIST: (Preacher – Anne Peat)	9.30am
			(crèche available). Sunday School in Littlebury Hall	
			Baptism for the Helliwell family (taken by Rev Jo Spray)	2.00pm
			Evening Prayers	6.30pm

NOTICES

APPOINTMENT OF PRIEST-IN-CHARGE FOR ST MICHAEL'S: The Churchwardens are happy to announce that the new Priest-in-Charge for St Michael's will be the Revd Dr Geoffrey Calvert who wishes to be known as Fr Geoff. His licensing will be on Wednesday, 30 September – please keep the evening free.

BARBECUE: Our annual barbecue, on the grass triangle (if fine!) in Church (if inclement) IS TODAY, Sunday, 12 July 2009, after the 11.15 service. Tickets (£3.50) are still on sale – these include salads, bread, some sausages and beefburgers, desserts and soft drinks. Please bring any other drinks and outside chairs to sit on if possible.

TODDLERS' GROUP: There will be no Toddlers' Group on Mondays, 20 and 27 July. Meetings in August will be as usual until the Bank Holiday which is Monday, 31 August.

THE AGM OF CHURCHES TOGETHER is on Monday 20th July at St Luke's at 8.00pm. Not a boring meeting! But an opportunity to meet and make friends, to get an update on the local Refugee situation –and a pizza supper! Do come and let me know for catering please. Martin Heath.

MOTHERS' UNION QUIZ: Each year the Mothers' Union is asked to raise money to support one or more of the Mothers' Union charities both in the UK and overseas. This year MU members would like to invite you to buy a Quiz which has been devised by Violet Allen-Smith and has 25 questions about St Michael & All Angels Church. The cost of the Quiz is £1 and all takings will go to the MU charities. All the completed quizzes will go into a draw and first correct entry will receive a small prize.

INAUGURATION SERVICE FOR NEW BISHOP OF ST ALBANS is on Saturday Sep.19th at 2.30pm in St Albans Abbey. There are some tickets available which are going to allocated by ballot. If you wish to apply please take a letter from the church table at the back and send off the tear-off slip at the bottom of the letter. This needs to be done before 24 July.