



# THE MESSENGER

The weekly review of the Parish of

*St Michael and All Angels*

Watford

**FIRST SUNDAY OF LENT**  
**10 March 2019**

A warm welcome to our services today.

At the 9.30 am Eucharist Fr George celebrates and preaches. Mark Simon leads the intercessions.

**Hymns: 532, 95, 96 and 368**

**Setting: Thorne**

Children's Church in Littlebury Hall.

Coffee and tea will be served in church after the 9.30 service – please stay on.

(Jacobite Syrian Orthodox Church 1.00 pm – 5.00 pm)

Evening Prayer at 6.00 pm.

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## **For your prayers this week:**

**The Church:** The Parish of Houghton Conquest in our Diocese.

The Anglican Church in the Congo.

Training for pastors in rural India.

**The World:** Victims of knife crime, their families and communities.

Wisdom in authorities seeking to combat violent crime.

Church Armies work in socially deprived areas of Selby.

**The Community and Parish:** Residents and Staff at Chase, Home Manor, and

St Anthony's homes.

St Anthony's School.

One Voice Choir.

**The Ill and the Housebound:** Especially Christopher Bilson, Fr John Brown,

Juliette Cottam, Marion Craddock-Jones, Audrey Dixon, Cynthia

Dixon, Claire Dunning, Fr Robert Featherstone, Jemima Hill,

Peter Hinchey, Mary Kearns, Lesley Kinch, Loretta Lynch, Craig

McKay, Lisa Mills, Sylvia Obeng, Dorcas Ochola, Martin

Ranson, Christina Simon, Mark Simon, Malcolm Talbot, Baby

Adelaide Tonkin, Peter White; and all who care for them.

**The Departed:**

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## Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**FIRST READING Deuteronomy 26.1-11**

A reading from the book of Deuteronomy.

Moses spoke to the people, saying:

- <sup>1</sup> When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it,  
<sup>2</sup> you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name.  
<sup>3</sup> You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.'  
<sup>4</sup> When the priest takes the basket from your hand and sets it down before the altar of the LORD your God,  
<sup>5</sup> you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous.  
<sup>6</sup> When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us,  
<sup>7</sup> we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression.  
<sup>8</sup> The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders;  
<sup>9</sup> and he brought us into this place and gave us this land, a land flowing with milk and honey.  
<sup>10</sup> So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God.  
<sup>11</sup> Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

## SECOND READING Romans 10.8b–13

A reading from the letter of Paul to the Romans.

- 8 What does scripture say? ‘The word is near you, on your lips and in your heart’  
(that is, the word of faith that we proclaim);  
9 because if you confess with your lips that Jesus is Lord and believe in your heart  
that God raised him from the dead, you will be saved.  
10 For one believes with the heart and so is justified, and one confesses with the  
mouth and so is saved.  
11 The scripture says, ‘No one who believes in him will be put to shame.’  
12 For there is no distinction between Jew and Greek; the same Lord is Lord of all  
and is generous to all who call on him.  
13 For, ‘Everyone who calls on the name of the Lord shall be saved.’

## GOSPEL Luke 4.1–13

Hear the gospel of our Lord Jesus Christ according to Luke.

- 1 Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in  
the wilderness,  
2 where for forty days he was tempted by the devil. He ate nothing at all during  
those days, and when they were over, he was famished.  
3 The devil said to him, ‘If you are the Son of God, command this stone to become  
a loaf of bread.’  
4 Jesus answered him, ‘It is written, “One does not live by bread alone.”’  
5 Then the devil led him up and showed him in an instant all the kingdoms of the  
world.  
6 And the devil said to him, ‘To you I will give their glory and all this authority; for it  
has been given over to me, and I give it to anyone I please.  
7 If you, then, will worship me, it will all be yours.’  
8 Jesus answered him, ‘It is written, “Worship the Lord your God, and serve only  
him.”’  
9 Then the devil took him to Jerusalem, and placed him on the pinnacle of the  
temple, saying to him, ‘If you are the Son of God, throw yourself down from here,  
10 for it is written, “He will command his angels concerning you, to protect you,”  
11 and “On their hands they will bear you up, so that you will not dash your foot  
against a stone.”’  
12 Jesus answered him, ‘It is said, “Do not put the Lord your God to the test.”’  
13 When the devil had finished every test, he departed from him until an opportune  
time.

## THIS WEEK

Mon	11	Mar	Toddlers' Group	10.00 – 11.30am
			Lent Group (Choir Vestry)	2.30pm
Wed	13	Mar	Food Bank	10.00am – 12 noon
			Coffee in Church	10.30am – 12 noon
			Service at Home Manor	2.30pm
			Finance Committee	7.30pm
Thur	14	Mar	Holy Communion	10.00am
Fri	15	Mar	St Anthony's School visit	10.00am – 2.30pm
Sat	16	Mar	One Voice Choir Quiz Night	7.30pm
Sun	17	Mar	<b><u>LENT 2</u></b>	
			Holy Communion	8.00am
			<b>SUNG EUCHARIST (Pres: Fr Geoff; speaker from the Food Bank)</b>	<b>9.30am</b>
			(Children's Church in Littlebury Hall)	
			Evening Prayer	6.00pm

## NOTICES

LENT GROUPS will take place on Mondays 11th, 18th, 25th March, 1st and 8th April, at 2.30 pm in the Choir Vestry. The subject is Prayer, the Bible and Daily Life. Please sign up on the list at the back of Church. If you would like there to be an evening group, let Fr Geoff know

LENT COLLECTING BOXES FOR CHURCH ARMY: Collecting boxes for Church members to use during Lent are at the back of the church. The boxes will be collected on Easter Day (21st April).

THE MARCH SWORD is available for collection at the back of church.

SIMNEL CAKES: It is our custom to serve slices of simnel cake after the 9.30 am service on Mothering Sunday (31 March). If you are able to make a simnel cake for this occasion please let Iola Bilson or Sylvia Moring know.

### DATES FOR YOUR DIARY

Lent Lunch 23 March served by St Michael's Brownies: Sale at 11.30 am; Lunch of homemade soup and bread and cheese from 12 noon to 1.30 pm. Proceeds to mission. All welcome

Mothering Sunday 31 March: Service at 9.30 am.

Sunday, 31 March at 7.30 pm: Concert by Watford Youth Sinfonia in Church

Sunday, 21 April: Easter Day

Annual Meetings: Wednesday 24 April, 7 pm